



# COMINGS 'n GOINGS

Quarterly Publication of the GMC Heritage Cruisers

*Covering Parts of Ontario, New York, Pennsylvania, Ohio, Michigan, & West Virginia*

---

---

**Winter 2007**

[www.gmcheritagecruisers.com](http://www.gmcheritagecruisers.com)

---

---

## **The Rally 2007 Schedule**

*Below is an outline of our rallies for 2007.*

11-13 May - Hamilton, (Stoney Creek), Ont  
Longmans

**The rally information & registration form is enclosed. Returns are needed to the Rallymasters NLT 15 April or sooner if possible.**

22-24 June -  
Sherkston Shores, Ont Lavignes

20-22 July - Toronto (Glen Rouge) Olivers

17-19 August - Vernon, NY  
Morris' & Marshalls

*The GMCMF Fall Convention is in Iowa, 16-23 September. It hasn't been decided if it will be our September rally or not. The distance may be the deciding factor.*

*The HAG Air Show is 12 to 15 July this year and more information will be included in a later newsletter.*

## **2007 Coachless Rally**

*The 4<sup>th</sup> Annual Winter rally was held on January 19, 20 and 21, at the Holiday Inn by the Falls in Niagara Falls. Fourteen couples attended from Ontario and New York State. The rally was organized by John & Lou Ann Podmore and Nick & Barbara Lavigne.*

*A good time was had by all, including celebrating Sue Collier's birthday complete with a large cake. We discovered out of 28 attendees 7 others all celebrated a birthday within a few days of Sue's. Over the three days there were a number of happy hours complete with great snacks, playing of various board games, a visit to Niagara-on-the-Lake and off course a few hours at the Fallsview casino. The group enjoyed Saturday evening with supper at the Grand Buffet at the Casino.*





Two happy members at the Coachless rally

### **Membership**

The Chapter membership stands at 96.

### **Meeting Minutes**

Linda Foldy, our Secretary, has provided the August minutes of our meeting. They were omitted from the Fall newsletter, but are included, for your review, with this newsletter.

### **Membership Dues 2007**

There are still a few outstanding dues for the 2007 season. If you received the Bright Red enclosure entitled **Second Notice**, you still owe the Treasury. Complete the form and mail it with your dues to the Treasurer, John Podmore. Payment was due by 1 January. Please note that membership privileges cease on **1 May** if dues are still unpaid.

### **Chapter Executive Nominations**

Every other year, we elect new officers for the following two years. While we won't vote for the new officers until later this summer,

we need to know who is interested in holding an office in the Heritage Cruisers and/or who you think would be a good nominee for a Chapter officer.

Please think this over and contact Bob Morris, Ian Oliver, or Fred Ely and let us know your thoughts at the next rally or by email.

*The Nominating Committee*

### **2006 Financial Statement**

Last year's financial statement will be included with the Spring newsletter.

### **GMC Heritage Cruisers Cocktail Munchies & Potluck Goodies Book**

The Munchies & Goodies Book is still active and your recipes are needed!! Send them to Lena Longman by email or by snail mail so we can get the book to the printers!!!!

#### **ORANGE APRICOT WALNUT BREAD**

- $\frac{3}{4}$  cup Frozen Orange Juice, thawed
- 1 Beaten Egg
- 2 Tablespoon Veg. Cooking Oil
- 1 Cup All Purpose Flour
- $\frac{3}{4}$  Cup Granulated Sugar
- 1  $\frac{1}{2}$  Teaspoon Baking Power
- 1 Teaspoon Salt
- $\frac{1}{2}$  Teaspoon Baking Soda
- 1 Cup Snipped Apricots
- $\frac{1}{2}$  Cup Chopped Walnuts
- 1 Orange

Finely grate peel from an orange and set aside

Pour boiling water over snipped apricots.

Let stand 5 mins. Drain before pouring into batter.

*In a small bowl, combine ¼ cup orange juice (6 ozs), 1 Teaspoon shredded orange peel, one egg and veg oil.*

*In a large bowl, sift together flour, baking powder, salt, baking soda and sugar.*

*Add orange juice mixture to dry ingredients*

*Fold in snipped apricots and walnuts.*

*Mix well,*

*Pour Into 1 large loaf pan or 3 small loaf pans.*

*Bake large loaf -- 1 hour or 1½ hour*

*Bake 3 small loaves – 35 To 40 mins*

*Cool bread in pan for 10 mins, then remove from pan, cool thoroughly.*

**GLAZE.**

*Mix 1 cup confectioner sugar with water,*

*Add 1to 2 tablespoon of reserved orange juice to make a drizzling consistency.*

*Drizzle top of cooled loaf. Garnish with reserved orange peel.*

*சுண்ணெண்ணெய் சர்க்கரை*

## **Classified**

*For Sale: 1973 GMC Canyon Lands, 26', 50K original miles, orig. interior and exterior Coach located in Greenwich, NY (Albany, NY area Contact: Lewis Hall, 518-692-7478 or [inform@safehavenboarding.com](mailto:inform@safehavenboarding.com).*

*For Sale: 1974 Eleganza SE Many upgrades and new parts. See pictures at:<http://s98.photobucket.com/albums/l243/jayhawk2000/> Price \$20,000 US; Contact: Bob Morris, 607-756-9888 or email: [jayhawk@twcny.rr.com](mailto:jayhawk@twcny.rr.com)*

*For Sale: 1973 Canyon Lands 26-ft. Strong engine and drivetrain 3.42. All new brakes, Bilsteins, McNeal dash. Generac gen. Birch screen door, Macerator, 3 new awnings, New add-a-room, 40 K inverter, 40 K invested. First 12,000 US takes it. Call for list and pictures. Philip Entingh -NY. 315-524-7393*

*Listing of GMC-related items for sale is available to HC members and will only appear for two issues unless otherwise arranged.*

## **Tech Talk**

### **Rotary Air Control Valves**

*Many of us have had more than enough trouble with leaking Rotary Air Control Valves (Power Level) that are responsible for maintaining the correct ride height, levelling the coach in a camp ground, and raising or lowering the coach when needed. (It is hoped the owners of late 1976, 1977, and 1978 coaches (Electro-Level) will bear with us while we discuss these little problem causers). Another article trouble shooting the Electro-Level systems would be very welcome for a later issue!!!*

*After using some replacement gaskets and "O" ring kits with less than satisfactory results, I looked for my own solution. I found that the most successful gasket material to seal the two valve halves, to be rubber. I cut the gaskets from a bicycle inner tube worth less than \$5.00 - pictured at the top of the photo with a completed gasket in the lower right corner.*

*Each valve requires six O rings and I found that two sizes worked best. The larger, #8s were used to seal the three plungers. #7s were used on the end of the plungers to let air in, out, or to the correct place to raise or lower the coach.*



*It goes without saying, all parts need to be cleaned well. I also put a bit of brake grease on the O rings that seal the plungers. This easy maintenance lasts three to five years with well-sealed controls that work properly. I just refurbished them again last fall and so far they are working well.*

*An additional problem has been discovered. The rotary knob, pictured in the upper right corner, has worn over the years and has reduced the distance the knob will depress the plungers. It has slowed a small amount the flow of air into or out of the air bags. So far I have no solution for this problem that can only get worse.*

*This is an inexpensive solution to leaking rotary air control valves. It only takes an hour or so to make them work well again. Other solutions, comments, or recommendations are welcome.*

**Liability Disclaimer**

***The GMC Heritage Cruisers, its officers, and the Editor are not responsible for the accuracy of advice and/or technical notes published in the "Comings 'n Goings". Adjustments or installations made to coaches on the basis of information presented in this publication is the responsibility of the individual coach owner.***

## **Spring Newsletter**

*Submissions for the Spring 2007 Edition of the "Comings 'n Goings" are due by 15 April 2007 to the Editor, Al Hamilton 613-659-3522 or akh@1000island.net.*

## **Happy Valentine's Day**

*The Newsletter staff hopes everyone had a great Valentine's Day and wish you a Happy Easter!!!*

**Enclosure: (Not Included on Website)**

*Minutes – Members Only*